

HOWELL TOWNSHIP POLICE ATHLETIC LEAGUE

P.O. Box 713 • 115 Kent Rd., Howell, NJ 07731

Phone: 732.919.2825 • Fax: 732.919.1212

www.howellpal.org



Howell PAL Youth Leadership Council Information

The Howell Pal Youth Leadership Council has been in existence since 2002 starting with a few members and over the years has grown to become an outstanding group of young adults all with dedication and desire to serve their community.

PAL Mission Statement:

The Howell Township Police Athletic League's mission in our community is to give every child the opportunity to participate in everyday childhood activities in a safe and caring environment. We do this through a number of programs. Our goal is to provide diversity in our programs in order to reach the greatest number of young people. We also strive to foster a partnership between the youth and the police officers in the community. This in and of itself is a tremendous asset to our community. Whenever you have young people in the community playing and working with police officers, the community will benefit.

Joining PAL:

There are active members and un-active members.

Active members-

- Attend meetings
- Pay dues
- Attend service projects outside of the meetings
- Complete 90 hours of community service per year
- Are eligible to travel

Associate members-

- Attend meetings
- Pay dues
- Complete under 90 hours of community service per year
- Not eligible to travel

Service Hours Log:

- All community service hours should be logged on a monthly service hour's log- including the date of the event, event name, time in, time out, and total hours.
- The first meeting of the month, the previous months hour sheet is due and should be handed in

Howell PAL Youth Leadership Council Registration Form 2017-2018

- Advisors will look over the members hour log and verify the log with the attendance book kept at each event and then an Advisor will sign the log and hand it back to the member

Board Members: Being a board member is a privilege and with it comes great responsibility, to become a board member one-

- Must be in the group for at least 6 months of the PAL year (June 1st-May 31st).
- Attend a minimum of 50% of meetings/events
- Show up 30 minutes prior to the start of each meeting to discuss the agenda
- Must write a letter of interest to become a member of the board, then elections will be held
- If a Board member decides to leave the position, the Advisor's/President will then appoint someone to finish out their term
- Reasons to be removed from the board
 - Lack of participation
 - Lack of cooperation
 - Not following the code of conduct
 - Disrespectful to others
 - Any behavior detrimental to group
 - Criminal activity

Some members will be assigned to be the lead person with certain events going on, depending upon what it is the member will either volunteer or be asked to help run an activity.

Attendance:

All members are expected to attend all meetings, unless they are excused from the meeting which include

- Previous obligation (family function, sporting event)
- Sickness
- Please tell a board member if you will not be able to attend a meeting so we know how many people to expect in attendance each meeting.
- All members are asked to bring a pen and paper to each meeting as well as \$2 in dues which cover the cost when food is ordered at the meeting.

Speakers:

Each meeting there is either one or two members chosen to deliver a speech on a topic of their choice or one selected by the group. The speech only has to be a few minutes long.

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Traveling:

Over the years our group has had the opportunity to travel to numerous places, in order for a member to travel they must

- Show their commitment to the program by attending a majority of the meetings/events
- Can NOT be failing any classes at time of travel (minimum of a C)
- Dues must be current
- No code of conduct violations

Service Programs/ Volunteer Activities:

The PAL program has grown in the types of activities we provide for the community.

- PALS PALS takes place every Monday at Land O' Pines School. The volunteers work with children 1st – 8th grade all of which have Special Needs. The volunteers try to teach them how to interact with other children their age. They take part in playing fun activities with the children such as kickball, basketball, wiffleball, bowling, and playing outside on the playground. Volunteers also help with doing arts and crafts activities. Then all the children have a snack.
- Sports camps are setup each summer, at some PAL members are asked to come help whether it be serving food or helping out where needed.
- Holiday giveaways- On Christmas morning members go to local Hospitals to spread some Holiday cheer by handing out gifts and singing some Holiday songs to the patients.
- Clean Communities Day- members clean up certain areas in the town
- The Village cleanup- members go to the Villages and assist in cleaning up the yards of some of the people living in the homes.

Fundraising:

Fundraising is a big part to the program and helps our group be able to do all that we do. Some fundraising events we do are-

- Old Monmouth Candies
- Work Blue Claws concession stand
- Atlantic City Bus trip (21 and older)
- Joe Corbis

New fundraising ideas are always welcomes!

Stay Connected through Remind101 text 81010 with the text message @howell

At PAL were family, at the meetings or service events make it a point to introduce yourself to someone you may not know or want to know more about!

Howell PAL Youth Leadership Council Registration Form 2017-2018

Student Name:	Email Address:
Home Phone:	Cell Phone:
Address:	Gender: Male or Female
Birth date: Age:	List Allergies or Medications:
School/Grade:	
Parent/Guardian 1 Name:	Relationship:
Home Phone:	Cell Phone:
Work Phone:	Email Address:
Please Circle if child has permission to leave school early YES/NO	
Parent/Guardian 2 Name:	Relationship:
Home Phone:	Cell Phone:
Work Phone:	Email Address:
Emergency Contact Name:	Relationship:
Emergency Contact Phone:	Emergency Contact Cell:
I give permission to have my child photographed at any PAL event- YES NO	
Member Signature:	
Parent/Guardian Signature:	

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Howell Police Athletic League Youth Leadership Council Code of Conduct

In the interest of creating an environment that is safe and enjoyable for all YLC participants the following discipline policy has been established and will remain in effect at all times during YLC meetings and activities.

- All participants should arrive to all events, meetings and practices on time and should be picked up promptly.
- Participants agree to listen to/ follow directions from the YLC Advisors and all other staff and/or volunteers representing PAL.
- Participants will refrain from roughhousing or causing harm to any participants in the program.
- Foul language will not be used nor will it be tolerated by any PAL member at any time.
- PAL members will not indulge in, or encourage anyone to indulge in any conduct that may cause injury or negative reflection upon themselves, the PAL or any other person(s).
- No PAL member shall attend or remain at any underage drinking party, whether it is supervised by an adult or not.
- There is NO SMOKING at any PAL function. This includes inside and outside of the schools, school fields and the PAL building.
- Proper behavior is required at all times while participating in any PAL related event to include all travel related events.
- The staff has the right to eject or remove anyone from a PAL function. Failure to comply may result in further charges or removal from PAL immediately.
- All injuries must be reported to PAL Advisors immediately.

If for any reason the above stated rules are not followed, the following steps will be taken, unless of course the severity of the offense requires further disciplinary action.

1. First Offense will result in a verbal warning.
2. Second Offense will result in the youth being removed from an activity.
3. Third Offense will result in a phone call to the parent/guardian of the youth being suspended from the program for a period of time that is suitable to the offense.

Please help us make our events a great success by following the code of conduct.

Youth Signature

Date

Parent/Guardian Signature

Date

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**HOWELL POLICE ATHLETIC LEAGUE
DRUG AND ALCOHOL PREVENTION PLEDGE 2017-2018**

I _____ pledge to the Howell PAL to abstain from any tobacco product (while being under the legal age), any alcoholic beverage (while being under the age of 21), stimulants, street drugs (including but not limited to marijuana, heroin, and cocaine) or any non prescribed drugs regardless of peer pressure.

I realize that if I choose to break this pledge I am responsible for the consequences my action brings. I also realize that tobacco, alcohol, and non-prescribed drug-abuse prevention programs have my best interest at heart. All I need to do is ask and help will be made available to me.

I agree to abide by the terms as outlined.

Signature: _____ Date: _____

- Did you know that almost 20% of all alcohol purchased is consumed by underage youth?
- 9 out of 10 teenage automobile crashes involve the use of alcohol.
- 26% of drivers under 21 who died from crashes were alcohol impaired.

